



Educating For 'Life In All Its Fullness'

Harewood C of E Primary School

Our Child Friendly Anti-bullying Policy

Harewood Primary School is a place where everyone can and should feel safe, happy and able to learn.

Our school is a bully-free zone!

What is bullying?

Bullying is when one, or several people, are deliberately hurtful towards another person, or group of people. Bullies can be anyone and unfortunately it can happen to anyone. Bullying is when a hurtful act happens...

Several Times On Purpose.

Remember: STOP!

Bullying is unprovoked.

Remember that being bullied is never your own fault.

Bullying can be:

- hurting or threatening to hurt someone
- touching someone when they do not want to be touched
- calling someone names
- stealing or damaging someone's belonging
- ignoring someone or leaving them out on purpose
- sending hurtful messages online (cyber bullying)

Bullying can be about:

- the colour of your skin, your religion, culture or beliefs
- your family
- your gender

- special needs or disabilities
- being different in some way
- Bullying can also be as a result of the bully experiencing fear of their own failure or possible shortcomings, jealousy and envy- they will then find a reason to try and 'justify' their actions against their victim.

What should I do if I see or experience bullying?

SPEAK OUT! If you are being bullied or you see bullying happening to someone else always speak out and get help.

You can:

- tell a teacher
- tell any adult that you trust either at school or at home as soon as you can
- If you don't want to talk an adult about it, you could tell a friend who can help you or write a note and pass it to your trusted adult.
- You can ring childline 0800 1111, they will listen to you and advise you, but they will not tell anyone else what you have said.

What happens if I speak out?

If you tell an adult, they will listen to you and help you. They will talk to you, the other grown-ups that you work with and the children involved. They will find a way to **help** you and make it **stop**.

Speaking out against bullies is brave!



STOP=
Several Times
On Purpose.



**SPEAK
OUT!**