

You've Got This

*A network for families and carers with children who have additional needs.
A safe space to share experiences and advice.*



Thursday 28th Sept 10.30am
Thursday 26th Oct 10.30am
Thursday 30th Nov 10.30am
Thursday 14th Dec 10.30am

@ St James Church Centre, Wetherby
free refreshments

Contact Jo 07783336436 jo.davies@communitymatters.org.uk or Cassie:
cassiechp@hotmail.co.uk for further information.

To join the Parent peer support WhatsApp group text 07912384723



"It's great to be amongst other parents who understand some of the challenges we face as a family in a relaxed place."