

Anti-bullying Week November 14 -18<sup>th</sup> 2022

Hello everyone

Next week it is National Anti-bullying Week. We take bullying and its consequences for mental health very seriously at Harewood School and, in collaboration with our school Mindmate ambassadors, Mr Sturgess and I have put together a plan for how we can raise the awareness of bullying and support the children in supporting themselves.

You may remember that last year we took part in the 'One Kind Word' themed week and, amongst other activities, all the children made their own unique leaf for our lovely school tree (which lives in the Library). The theme this year 'Reach Out' and we are using some of the resources from the Anti-bullying Alliance web site.

I would like to encourage you to also have a look at the website. There is a section specifically for parents/carers with advice on how you can help support your children around bullying issues. Here is the link to their website:

<https://anti-bullyingalliance.org.uk/>

Through the week the class teachers will be delivering anti-bullying content in their PSHE lessons to all the children at an age appropriate level. In addition, here is a timetable for additional events happening through the week. **The only ones which require support from home are underlined:**

**Monday - Odd Socks Day** - This is designed to have minimum disruption whilst raising awareness of how we can celebrate differences. **Please send your child in odd socks for the day** and, if you wish to make a donation to the Anti-bullying Alliance, please do so online yourselves via the website link above. We will not be collecting donations in school for this event.

**Monday pm** - Year Six children will support Class One children decorating their leaves for the school tree, demonstrating that we are all unique and special but also an important part of our wider school community. The Year Five children will also come to Class One later in the afternoon to share story books with them.

**Wednesday am** - Class Three and Class Two children will do a shared reading session. All these events are designed to help build positive relationships between the older and younger children (something which is already a great strength of our school), so the younger children feel safe and know that they can reach out for help if they need it.

**Thursday** - Collective Worship and presentation of the Anti-bullying Alliance Video to the children.

**Friday** - Children in Need day - **wear your pyjamas to school** and send a donation for our Children in Need collection – this day was planned by our School Council.

**Please note that the Class Four children will not be in pyjamas on this day because they are learning out of school for part of the day.**

I'm sure we will all have an informative and supportive Anti-bullying week and I thank you in advance for your support. Please let me know if you have any questions or concerns.

Kind regards

Dawn Watts

Harewood Church of England Primary School