**Ending self-isolation if you have had COVID-19 symptoms or have received a positive COVID-19 test result V2 030322**

[COVID-19: people with COVID-19 and their contacts - GOV.UK (www.gov.uk)](https://www.gov.uk/government/publications/covid-19-people-with-covid-19-and-their-contacts/covid-19-people-with-covid-19-and-their-contacts)

**How to safely return to your normal routine before 10 days**

