



Wish List – updated September 2020

**We are often asked what we need in terms of practical items.
So here is our list of things needed right now or on a regular basis.**

Lunch Service – changes during Coronavirus

As we are now operating a take away lunch service, we need disposable items to serve the food into. Where possible we would prefer to use biodegradable products, but will accept other types.

- Disposable cups – (lids and cardboard heat protectors also useful)
- Plastic or wooden spoons
- Plastic or wooden forks
- Paper napkins
- Paper bags for sandwiches
- Hot food individual containers
- Bottled water – 500ml size
- Refillable water containers

Also: Polystyrene food storage containers to keep large amounts of hot food at a reasonable temperature ready to hand out.

Non-perishable food for Residents and for food parcels

- Coffee – instant granules: Nescafé, shops own brand etc.
- Tinned meats: meatballs, hot dogs, corned beef etc.
- Tinned tuna
- Baked beans
- Tinned tomatoes
- Tinned vegetables
- Pasta sauces
- Gravy granules
- Custard powder
- Tinned fruit
- Cereal
- Long life milk

Residents: clothing, toiletries and bedding

The following items are needed on a regular basis:

- **Track suit bottoms:** Sizes small and medium (needed on a daily basis for clients who just need a change of clothes. Often clients have injuries / infections in their legs and need comfortable clothes that allow them to move freely.
- **Hoodies / fleeces:** Sizes small and medium Practical clothing that is comfortable and warm.
- **Boxer shorts:** Size small and medium are mostly requested.
- **Rucksacks:** A basic necessity to carry around worldly belongings. The majority of clients have carrier bags or bin liners.
- **Waterproof jackets:** Lightweight waterproofs to wear over their clothing to keep them dry.
- **Razors / shaving gel:** A daily request for clients using our shower facilities. Decent quality razors to tackle long term growth.
- **Deodorant spray:** Lynx, Sure, non-branded etc..
- **Towels:** Large bath / shower size – new or good condition second hand
- **Single duvet covers, pillow cases and fitted single sheets:** For 15 beds which are changed frequently. Any pattern or colour.
- **Single duvets – NEW ONLY:** For hygiene reasons we DO NOT accept second hand duvets, new only and must be in sealed wrapper.

Housekeeping: helping us to keep the Crypt as safe as possible

- Bleach
- Flash floor cleaner
- Liquid soap
- Glass cleaner
- Disposable cloths
- Blue roll
- Bin liners
- Toilet rolls
- Washing powder (not pods or liquid)

Growing Rooms

For the men in our recovery programme, writing and stationery items are useful:

- Writing books / note pads / journals
- Small diaries, A5 or pocket size
- N.A. and A.A. basic text books