

P.E.

At Harewood school we use PE to develop the knowledge, skills and capabilities necessary for a healthy body and mind.

We aim to provide high quality opportunities for our children to develop their physical and sporting ability.

We intend to embed in our pupils the knowledge and understanding that physical fitness is an important part of leading a healthier lifestyle.

We take into account the needs of the individual child, so that everyone is included and can develop to their fullest potential.

We aim to deliver high-quality PE lessons during curriculum time and also provide extra-curricular opportunities that inspire all children to succeed in physical activities.

We teach children how to cooperate and collaborate with others as part of a team and how to understand fairness and equity of play. We aim to embed life-long values about the importance of being active, healthy and fair.

“Education for Life In All Its Fullness”

